

# Westhead Lathom St. James' CE Primary School



## Emotional Health Policy

Last Reviewed Date: Spring 2020

Next Review Date: Spring 2021

Version	Date	Author/Editor	Revision Notes
V 1.0	11th March 2006	Linda McVey	Original Policy documents copied into new format, with header, footer and version control. Policy reviewed and updated to ensure reflects current policy and practice
V1.1	18/9/08	Alison Albion	Policy reviewed and updated to ensure reflects current policy and practice
V2	May 2012	Alison Albion	Policy reviewed and updated to reflect current policy and practice
V3	January 2016	Alison Albion	Minor up-dates due to class reorganisation.
V4	Autumn 2018	Alison Albion Lynda Tither	Policy updated in line with LCC guidelines
V5	Spring 2020	Helen Clark	New vision and values.



## **Aims**

Westhead Lathom St James' Church of England Primary School aims to :-

- Provide a broad and challenging curriculum and a stimulating learning environment that extends outside the classroom;
- Develop enquiring minds and spirituality through curiosity, awe and wonder of the world;
- Teach, demonstrate and praise Christian Values;
- Value the power of prayer;
- Teach with innovative and investigative approaches to learning;
- Provide an enriching programme of extra-curricular activities and visits;
- Plan a rich, varied and up-to-date range of learning resources;
- Encourage children to achieve their highest standards in all areas of the curriculum and to seek excellence within an ethos of support, challenge and encouragement to succeed;
- Teach children to work independently, collaboratively and become highly motivated lifelong learners;
- Include opportunities for creative thinking in problem solving settings, developing divergent thinking, adaptability and flexibility in preparation for the many changes ahead in life, including the rapid progress in technology;
- Build partnerships between the school, home and community;
- Strive for continuous improvement in all that we do;
- Continually self-evaluate and continue to improve upon current practice;
- Work collaboratively towards common goals;
- Place self-esteem and a positive and inclusive approach to behaviour as high priorities thus ensuring that individuals respect and value themselves, others and the environment and is motivated to do their best in school and beyond in order to become a fulfilled adult who gives to the community.

At Westhead Lathom St James' we realise the importance of all aspects of emotional health and well being for children and staff. We recognise that in order for children and staff to achieve their potential in school life and in their job, it is necessary for them to feel confident, empowered and involved totally within our school community. It is vital that together we tackle inequalities and discrimination whilst actively promoting inclusion.

At all times we are vigilant to look for signs of stress or bullying within the school community so that we can be there for each other to dissolve tensions and solve problems together.

This is an important area for all school. At Lathom St James' we:

- Make sure all pupils are aware of who they go to for support.

- Celebrate all pupils' achievements, through displaying work, celebration worship and the giving of stickers and merits.
- Equal opportunities are provided for all. The disability equality scheme is in operation and is updated regularly. We operate an open door policy for parents to discuss any issues.
- Identify the stress levels of staff via daily staff informal updates and have systems in place for dealing with this
- Bullying is not tolerated and we have an anti-bullying policy and a strong behaviour policy which deals with any incidents which occur.
- All staff achievements are recognised through future target setting and our rogues' gallery in the school entrance.
- Have a school council, where children are involved with initiatives around the school.
- Collective Worship time communicates to all children that their worries are important to all staff and that they should and can, talk to us.
- Outside visitors are invited into school as part of our cross curricular approach to our Emotional Health and Well Being Programme. These visits are linked into our mixed-age rolling programmes.

Examples include:

- Life Education Bus;
- dog warden – getting the best from man's best friend;
- circle time visitors;
- Rev Sephton collective worship;

Emotional Health and Well-Being is delivered through a cross-curricular approach and through the use of circle time, our whole school P.S.H.E. and Citizenship scheme (Heartsmart) and our continued support of charities.